

2017 - 2018

Jr. Heartworks is the daughter group of Heartworks for high school teens that practices the mission to:

BF GRATEFUL

RECETVE WITH GRACE GIVE WITH AN OPEN HEART

We have regular monthly meetings at Heartworks House to help those who are living with illness and grief. Meeting are Sunday nights from 7:00 - 8:30 p.m.

> SEPTEMBER 24TH OCTOBER 29TH NOVEMBER 19TH DECEMBER 17TH JANUARY 21ST

FEBRUARY 25TH MARCH 25TH APRTI 29 - KTDS FOR KTNDNESS MAY 20TH

APRTI - KTDS FOR KTNDNESS TS REPLACTING TR HEARTWORKS APRTL MEETING

We support each other in our journey of self-awareness and practicing gratitude in our own lives. Suggested Support: \$10.00 per meeting (which goes to the families we are helping).

> WE WOULD LOVE TO HAVE YOU AND YOUR FRIENDS!

SPECIAL EVENTS HOSTED BY

Jr. Heartworks

Jr. Heartworks supports our veterans the week before Memorial & Veterans Day and also plans, organizes and runs the following events:

## GINGERBREAD HOUSE EVENT DECEMBER 1ST & 2ND

## KIDS FOR KINDNESS APRIL 29TH

Out of respect for the families we are privileged to reach out to and the powerful changes in our own lives, service hours are not granted for being part of the group.

Please contact Mrs. Lebel at mklebel@yahoo.com if you are interested in joining.

