

2016-2017

Jr. Heartworks is the daughter group of Heartworks for high school teens thats practices the mission to:

BE GRATEFUL

RECEIVE WITH GRACE

GIVE WITH AN OPEN HEART

We have regular monthly meetings at Heartworks House to help those who are living with illness and grief. Meeting dates will be the 2nd Sunday of the month from 7:00 – 8:30 p.m.

> * SEPTEMBER 18TH OCTOBER 9TH - TIME CHANGE *NOVEMBER 20TH DECEMBER 11TH JANUARY 8TH

FEBRUARY 12TH MARCH 12TH * * APRIL - KIDS FOR KINDNESS MAY 14TH

OCTOBER 9TH MEETING IS 12PM-2PM AND THE SCARECROW EVENT FROM 2PM-4PM *JR HEARTWORKS MEETINGS ARE NOT HELD ON THE SECOND SUNDAY **KIDS FOR KINDNESS IS REPLACING JR HEARTWORKS APRIL MEETING

We support each other in our journey of self-awareness and practicing gratitude in our own lives. Suggested Support: \$10.00 per meeting (which goes to the families we are helping).

> We would LOVE to have you AND YOUR FRIENDS!

SPECIAL EVENTS HOSTED BY J.F. Heartworks

> Jr. Heartworks supports our veterans and also plans, organizes and runs the following community events:

SCARECROW EVENT October 9th 2pm-4pm GINGERBREAD HOUSE EVENT December 2nd & 3rd KIDS FOR KINDNESS April 2nd

Out of respect for the families we are privileged to reach out to and the powerful changes in our lives, service hours are not granted for being part of the group.

> Please contact Mrs. Lebel at mklebel@yahoo.com if you are interested in joining.

We would LOVE to have you and your friends!